



• *Pentecostal School* •
• *Best Writing Collection* •
• *2020-2021* •

Perseverance To Proficiency

All articles in this collection are great works! With the help and advice of teachers, students write what they feel and reflect. As a result, these articles act as a bridge to join our minds together.

The activity of creative writing is not a light-hearted occupation. It is a combination of ditch-digging, mountain-climbing, treadmill and childbirth (Edna Ferber). Besides writing skills, all you need in writing is courage and perseverance which can help you to be a proficient writer.

I hope to see your articles again in the next issue of the Best Writing Collection.

Best wishes.

LAW Kam-shing

Principal

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Best Writing Collection 2020-2021

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A Description

F.1A Pang Ying Cha

My life in secondary school

Hi! I'm Sakura. I'm a student of Pentecostal School which is located in Homantin. I'm in Class 1A and there are twenty-nine students in my class.

My favourite subject is Visual Arts because I like drawing and painting. My favourite teachers are Miss Wong and Mr Chan who are my class teachers. They are kind and amiable and I always feel free to ask them questions.

My new friend is Mary who is the only daughter in her family and she lives with her parents. She shares the same hobby with me. We both like drawing very much. She always has her hair in a ponytail and wears glasses. She is a member of the School Art Club like me.

In my free time, I like doing homework, drawing and chatting with friends. Mary sometimes asks me to teach her how to draw. We often do homework and study together.

My secondary school life is enjoyable and relaxing. I like studying here because I can discuss homework with my classmates and I can ask teachers questions whenever I have problems. I also have nice, new friends in the secondary school. How about you?



A Story

F.1A Cheng Chun Kwok

One afternoon, I went to withdraw some cash from an automated teller machine (ATM) outside the bank since I wanted to buy a Christmas gift for my mum. When I arrived at the machine, I discovered that it was emitting strange noises.

I felt confused about what was happening because the paper notes kept coming out from the machine instantly. I was shocked and tried to see if anyone could come to help. However, the machine could not stop by itself and there was nobody who came to help.

A moment later, the machine broke down and the banknotes stopped coming out. A pile of banknotes was right in front of me. After taking a deep breath, I finally calmed down and decided to ask the bank staff for help.

A few minutes later, a bank staff got out of the bank and shouted, 'This is a thief!' Unfortunately, the staff mistook me as a thief. I tried to defend myself and explained, 'I didn't take the money. Please believe me!' Luckily, a boy came out of nowhere and he told the police what he had witnessed and told the truth.

At last, I thanked him and bought a Christmas gift back home.



A Story**F. 1B Candy Cai Yuen Ting**

One night, Mary was alone at home watching TV. Suddenly, she heard a loud noise that made her scared. She quickly paused the TV. Although she was very nervous, she wanted to find out what was happening. She knew the sound came from upstairs so she walked up to the second floor slowly.

When she was there, she found that the door of her bedroom was open. However, she remembered closing her bedroom door before she went downstairs. She talked to herself nervously, 'What's going on? Why was the door opened?'

She walked into the room slowly with her legs shaking. She discovered her window was open. There was blood on the window and all the stationery was dropped on the desk. She was very puzzled and murmured, 'Why was there blood? Did anyone come in?'

Then, just as she was confused, she found there was also blood on her quilt in her bed. She wondered if someone was hiding under the bed. She calmed herself down and ran out of the room quietly. Then, she called the police with her mobile immediately and told the police that there seemed to be an injured thief in her bedroom and asked them to come quickly.

At last, the police came and caught the bad man. Before their arrival, they had called Mary's mother about the incident. When her mother arrived home, she comforted Mary and told her daughter that she would never leave her home alone again.



An Informal Letter**F.1B Lin Hoi Tik**27th May, 2021

Dear Keung To,

How are you? I hope you're well. I'm writing to you because I'm your big fan. I would like to tell you why you're my role model.

You're my favourite singer because you sing very beautifully. I like your songs very much. You dance very well, too. You're very tall and handsome. In addition, I admire your personality most. You're hard-working and you never give up. I think this is very important because you've worked very hard which makes you get lots of awards. If you haven't done so, you couldn't have been so popular. Then I wouldn't have a chance to know you. That's why you are my role model. It is good for me to learn from you.

Next week I'm going to attend your concert. That's my dream. When I knew that you would hold a concert, I couldn't sleep all night. I was very excited. At present, I can only listen to your songs and watch your videos. I can't wait to see you. I hope time can pass faster and I can see you face-to-face in the live concert.

Anyway, I must stop writing now since my mum is asking me to help her buy food in a supermarket. Please drop me a few lines if you have time.

Best Wishes

Chris



A Diary**F.1C Austin Wu Sunny**

Tuesday, 9th March, 2021

Today is my birthday. I am finally thirteen years old!

In the morning, my dad suddenly came to my room and handed a big present to me. The box seemed heavy and I wondered what was inside. I noticed it was shaking, so I was scared and ran to ask Dad. However, he just smiled but didn't say anything. Suddenly, I heard a noise like a dog's bark. To my surprise, a puppy jumped out of the box. At that moment, I was about to cry because I was super happy. I thanked my dad and hugged him tightly.

The puppy was very cute with small eyes, a tiny mouth and nose. It was so small that I could hold it with one hand. I called the puppy Inky because it was as black as a bottle of ink. I bought a soft dog bed and decorated it beautifully. I hoped Inky could sleep well in the bed.

In the afternoon, I walked Inky with a lead over its neck. Then it played with its toy in a park. I was so glad that my father bought me a puppy as my birthday present. I ate, read and did almost everything with Inky.

In the evening, I had my birthday dinner with my family. Inky sat right next to me. The dinner was very delicious with all my favourite food, like chicken, vegetables, fish and soup. After dinner, we had a birthday cake. Unluckily, Inky couldn't eat it because it was flavoured with chocolate. In the party, everyone was happy.

Today is really a special day and I think it is the happiest day in my life.



An Informal Letter**F.1D Hui Siu Tin**

Title: My Role Model

12th May, 2021

Dear Mr. Chu,

How are you? I hope you are well. I admire you a lot and I am writing this letter to tell you why you are my role model.

Under your guidance of you, I have a lot of writing progress, so that I have gradually improved and I am very grateful to you. You showed great love to me and my classmates which is deeply appealing to our heart. On top of that, you have never been impolite to us. Instead, you treat us equally.

You made effort to attract us to the world of English, to understand the beauty of English language and enjoy the culture of the foreign countries. With your skillful help, the students in our class took great interest in your lessons and improved rapidly.

I really would like to take this opportunity to express my heartfelt gratitude to you. Over the past year, you have not only taught me English, but also how to be a better person. I will never forget everything you have taught me. I wish you happiness and good health and hope you can be my English teacher when I grow up.

Best wishes,
Chris

An Email**F.2A Lily Fung Lai Wa**

Dear Edmond,

I am glad to read your email and know that you had a good travelling experience in London. I am doing well in Hong Kong. Last summer holiday, I went to Korea with my family because my father had a week of annual leave. Let me tell you more about the trip.

First of all, we visited the Korean Folk Village. We watched a performance of Korean traditional music and dance. And then, I went horseback riding and visited a traditional dyeing workshop. It was fun to have an interesting cultural experience of Korean tradition. After that, we went to a Korean restaurant to have an upscale Korean meal. It included a lot of Korean side dishes and several main courses. They were all very delicious. After having a dish called 'Bibimbap', I felt very full.

Next day, we went to the Seoul Running Man Thematic Experience Centre. There are six zones. Visitors can try some games that are shown in Running Man. We played in the centre and needed to collect 'R coins' in the games and used them to win. Also, we had a thrilling VR experience there. It was amazing! After that, we ate Korean Chinese cuisine. It is the favorite food of one of the running man members. The food was so tasty that I will never forget.

On the last day of our trip, we went to the N Seoul Tower in the morning to enjoy the day view of Seoul on the top floor. Then we went

down to the first floor to have a burger and some side dishes such as crispy fries and fried chicken. After that, we went back to the top floor. In the afternoon, we saw lots of couples who went there for sightseeing and piling up heart locks. At night, we enjoyed a different area of the VR theme park in N Seoul Tower. I really didn't want to leave!

This trip was truly unforgettable with memories of all the exciting attractions we visited and the food we ate. I wish I had a chance to travel to Korea with my family again. Hope that I can also go with you next time.

Best wishes,

Peggy

P.S. I bought you a souvenir. Let me bring it to you next weekend.



Save your own world immediately!

Due to the fast development of the manufacturing industry nowadays, this has caused a lot of waste and different types of pollution are getting serious. The pollution problems have affected our environment and our health! Landfills are going to be full. We will have no fish to eat very soon! Now, I have some ways to solve these environmental problems. If all of us do them together, I believe that we can save our earth shortly.

First of all, recycling waste is a must! Recyclable materials such as paper, metals, plastics, glass and electronic waste can be converted into new products, so less waste is produced. However, we should separate the rubbish and wash the containers before putting them into recycling bins. We can save materials which are still usable and help slowing down the global warming process.

On the other hand, we should reduce waste now! We have to reduce using non-recyclable materials. For example, when we go shopping, bring our own grocery bag instead of using plastic bags. Avoid buying things with too much packaging. We need to use less non-recyclable materials because they are harmful to our earth!

Last but not least, we use too much electricity and burn too much fossil fuel. It produces air pollutants and greenhouse gases. We must switch off the light when we do not need it. Using less air conditioning is also a good way to reduce carbon dioxide so that we can have a higher quality of life by conserving energy and using it more efficiently.

All in all, we can help protect our environment by recycling waste, reducing waste and saving energy. Take action now, or it is too late!



Facebook Page**F.2B Hayley Lam Hei Ting**

Hi, I'm Hayley. I'd like to talk about my goals here.

My study goals are being one of the Top 10 students in History and Visual Arts in the Form because I love these two subjects. My plan is to read more about world history and practise drawing more.

Then, my goal for extra-curricular activities is to practise my basketball skills so that I can have better performance in basketball competitions. Therefore, I'm going to play basketball more and watch how the NBA stars play it.

I hope I can make more friends at school and stay true to my good friends. I'll join more after-school activities and connect with them by using the social media platforms. My Facebook page here is also a good way for my friends to know more about me.

Finally, I hope I can play my favourite song on the piano and my plan is to practise playing it more often. There are so many good songs I'd like to try. My first one would be *My Heart Will Go On*.

I hope I'll be successful in reaching my goals. Good luck to me!



Common Family Problems Teenagers Are Facing

Adolescents might go through different kinds of family problems. Let us look at three common family problems that often occur among teenagers and their solutions.

First of all, the top family problem is the lack of space at home. This means there is not enough space at home. For example, teens and their family members have bought a lot of clothes and there is not enough space at home to store them. To solve this problem, they could throw away some old clothes or items to clear up some space. They could also save space by folding the clothes neatly and putting them in a big closet. This can help save up a lot of space since so many people just put their things everywhere in their rooms. The lack of space could be one major issue at teenagers' homes.

Another problem is the lack of communication. Nowadays, family members do not usually talk to one another. Each family member tends to focus on his / her mobile phone during meal times. This problem can be solved by talking to each other every day. They could start by saying what has happened to them lately and asking each family member some questions. If the lack of communication is caused by some misunderstanding among family members, teens have to tell the truth to their parents as soon as possible. Otherwise, the problem may become more serious if no one takes the initiative.

Last but not least, many teenagers are worried about their families' money problem. It is not a problem that a secondary student can solve. However, they should see things in a positive way. For instance, they could learn how to spend money wisely.

Solving the above problems is not easy. Let us stay positive and be hopeful.



A Letter of Complaint

F.2C Li Tsz Yu

Flat B, 20/F,
Block 3,
Sunshine Estate,
Kowloon
3rd Feb, 2020

T-Mall Company
108 Tin Wong Road
Kwun Tong

Dear Sir/ Madam,

Complaint about a shirt

I am writing to complain about an expensive shirt that I bought from your company two months ago.

I am not satisfied with the delivery service. I ordered a shirt from your online shop two months ago. However, I have just received the shirt. I was furious that I had to wait so long!

Also, I am not happy with the poor quality of the shirt. When I opened the package, I found that the shirt was dirty. Moreover, the colour of the shirt was different from the photos on the online shop. I was speechless because the shirt cost a lot of money.

I am sending it back with this letter and I would like to ask for a refund. Your staff may want to check products carefully before sending them and speed up the shipment next time.

Yours faithfully,
Anna Lee
Anna Lee



A Blog

F.2C Bosco Au Chin Ho

27th January, 2021

Cloudy and warm

Last summer holiday, I went to Japan with my friends.

In Japan, we ate a lot of Japanese food, such as sushi, rice ball, miso soup, tempura etc. One of my favourite food is sashimi which is very delicious. I like Japanese cuisine very much.

Also, we went to some tourist attractions in Japan like Mount Fuji and the Tokyo Tower. Mount Fuji is like an upside-down fan. It was a marvelous and amazing experience.

It was a wonderful trip - memorable and unforgettable.



Save the environment

Today, we have serious land pollution and there is waste everywhere which is caused by being wasteful. The landfill is nearly full and there is not enough space to build new ones. Therefore, we should do something to help protecting the environment. The following are some ways that we can do .

First of all, we should use fewer plastic bottles. Many students buy water bottles from the school tuck shops. After students finish drinking water, they throw the plastic bottles directly into the bin which creates a lot of waste. In order to avoid the above problem, the school can set up some recycling bins to collect these bottles. Students can also bring their own water bottles. This is a good way to help save the environment.

Besides, we should use both sides of our notes. As all paper is made out of trees, we need to save paper by cutting fewer trees. In order to save paper, school can put some collection boxes in each classroom to collect the used or unused paper which can later be recycled into new materials. This is also an effective way to save paper.

Last but not least, we should plant trees in our school campus. Planting trees can reduce air pollution as it can give more fresh air to the environment. Each class can take care of a small plant and students have to take care of them. This can help students to be more responsible and save the environment.

To conclude, the above ways can protect our environment. Start protecting our environment now!



A Letter of Advice**F.3A Wong Ka Ling**A letter to Sally

Dear Sally,

I'm glad to receive your letter. I'm sorry to hear that you have some problems at school and home. I understand how you feel. I hope I can give you some advice.

In your letter, you mentioned that you always felt tired at school because of spending too much time on computer games every night. I used to have the same problem. In my opinion, you can reduce the amount of time spending on computer games gradually as you can't quit all the games immediately. For example, you can start by reducing 15 minutes of playing computer games on the first day. After doing this for some time, try to increase the time to 30 minutes. It worked for me in the past and I hope it works for you, too. I understand you feel bored if you don't play computer games so it's a good idea to do something else instead of playing computer games. Why don't you try developing a new hobby or doing some exercise?

About your second problem, I know it's hard to remember English vocabulary items. I advise you to keep an organised vocabulary notebook. You ought to refer to it more as the more you look at the vocabulary items, the more you can remember them. Also, it's easier to remember them if you know the pronunciation of the words. Another suggestion is to make remembering vocabulary items fun. You can use games to help you remember the new words such as crosswords, anagrams and word search. Besides that, you can revise the words with your friends. Why don't you find me to be your study partner? It's easier to learn with the company of friends.

Lastly, you don't know how your older brother got the money to buy two expensive electronic gadgets. If I were you, I would talk with your brother first since the new phone and tablet computer might have been given by your relatives. If your brother doesn't tell you how he got them, you must tell your parents immediately. It's a serious problem if your brother did something illegal to get the money to buy the gadgets.

I hope the above advice is useful. Please write and tell me how your brother gets on. Don't worry too much. I'm sure things will get better.

Best wishes,

Pat



A One-Sided Argumentative Essay**F.3A Tsui Yat Yin**Does technology bring people closer together?

Some people say technology brings people closer together and I totally agree with them. I believe this for several reasons.

First of all, people are able to stay connected with their friends and families anytime even they are far apart from each other by using the Internet. In the pre-Internet era, people could only contact each other using telephones. With the advancement of technology, people can not only hear their friends' voices but also see their faces through video conferencing or facetime. This is significantly important now since people cannot go from one place to another freely during the pandemic.

Also, online platforms allow charities to reach the public. People all around the globe can see the advertisements of the charities on the Internet and play a part in helping people in need. Without the Internet, charities can only spread information with posters and leaflets which are most likely only limited to the locals. Advertising on television is expensive and only the "famous" charities can afford to do so. Therefore, technology allows charities to reach the public without costing a lot and people can show their love and care to strangers all over the world, which brings people together.

Finally, technology helps people make new friends. There are a lot of forums on the Internet which allow people to discuss different topics with others. In this way, people can find those who share the same interests and hobbies with them easily on the Internet. This benefits people with less known and uncommon interests a lot since they usually do not know where they can get to know each other.

To conclude, I think that technology can bring people closer together. People can stay connected with their families and friends even though they are in different corners of the world, more people in need can get help and people are able to make more friends.



A Letter of Advice**F.3B Tong Ka Yiu Koey**A Letter to Sally

Dear Sally,

Thank you for your letter. I understand you have difficult problems, but I hope I can give you some advice to help you solve them.



The first problem you have is that you spent too much time on playing computer games every night. If I were you, I would set a timetable and schedule your computer time. After playing computer games, you should take a break, for example 15 minutes. My second piece of advice is that you should develop a hobby that doesn't involve the use of electronic gadgets, such as drawing, running or reading books. In my opinion, you ought to disconnect the network card from your computer. When you have enough time to sleep, you won't feel tired at school.

Another problem is that you got a lot of problems with English studies. My advice is you should do more English exercises and read more books. The other suggestion is to search the words from the dictionary or go online to search something you don't know. You could form a study group and ask teachers or classmates too. I think they will help you.

The last problem you mentioned is that you don't know how your older brother could buy a new iPhone and a tablet computer. Why don't you ask him? Maybe he has got a job but you don't know. If you find out your brother hasn't got a job, then you need to tell your parents because he may get the money illegally by doing some wrong things.

Hopefully, things will get better soon. Don't worry too much.

Best wishes,
Pat

A Short Article**F.3B Carrisa Siu Mei Chi****My Dream Job**

Everyone must have his or her dream job. Some of them want to be teachers, some want to be police officers and some want to be divers. My dream job is to be a bed tester.

Being a bed tester is fun and unusual. It is a comfortable job and what you need is to test different beds by bouncing on them. I think bed testers can sleep on beds which are testing when they feel tired.

Every day, thousands of beds are produced. If there are some new kinds of beds made, a bed tester may be the first one to try them.

Although being a bed tester is a good job, not everyone likes it. The basic requirements are to have good communication skills and experiences in product testing. I think I could be a bed tester because I am good at the above skills.



A two-day trip in Taipei

I've always dreamt of visiting the temples in Taiwan so I simply couldn't wait to be in Taipei with my best friend, Annie for two days last month.

We took a night flight to Taipei. The flight was very short. After we arrived, we took a bus to downtown Taipei. The bus trip was extremely relaxing. I was so excited to see some of the temples from the bus.

We visited many places. First, we went to Taipei 101. It is a 101-floor high sightseeing tower! We took a lift to the top of the tower. The lift was so fast that my ears hurt. From the tower, I saw the best night view in my life. It was magnificent!

The next day, we finally visited my favourite temple—the Longshan Temple. It was raining but that seemed to make the temple look more silent. We stood in front of the temple, made our wishes and took many photos at the gate. After that, we went to eat some food and started shopping for souvenirs. By the way, the people in Taiwan don't throw rubbish on the streets but the streets have very few rubbish bins. Remember to bring a plastic bag when you walk around the streets in Taipei!

I was so excited to see the temples in Taipei. It was a wonderful experience! I must come back later to see them again! What an amazing trip!



Technology brings people closer together

Many people argue whether technology brings people closer together. In my opinion, technology really has a positive impact on relationships as there are many benefits using technology. Therefore, I completely agree with it.



First, many people use social media to communicate with others. As some people are shy in the daily life, they always feel embarrassed when they talk to others. That is why they prefer using social media to solve their embarrassment and try to communicate with others. On the social media platform, they can chat with people that they are interested in and they can make many friends on it.

Moreover, technology can help us keep a good relationship with people that we have not seen for a long time. For example, since the outbreak of Covid-19, we have online lessons. The gathering time with friends have become less. Therefore, technology is the best way to help us keep our relationships. We can use some apps to chat, such as Whatsapp, Signal and Instagram.

Last but not least, technology can let us know more about others' daily lives. Facebook and Instagram are the apps that people often use. People can post many interesting things in their stories. Then, others will know what they like and dislike. It is so convenient to know others. This may be hard in real life, but people can keep up with each other easily on the Internet. It is impossible to believe that technology cannot bring people closer together.

In conclusion, we can see that people always use social media in their daily lives to chat with friends and family. Technology helps people keep their relationships and it helps us know one another. Thus, I believe technology does bring people closer together.



A Drama Recount**F.4A Ng Yuen Chi**

Dear Secondary 4 Students,

Thank you for inviting me to watch the rehearsal of your play “Robin Hood”. I appreciate all your efforts. However, I’m sorry to say that there is still plenty of room for improvement. In this email, I will comment on your performance and give suggestions on how to make the production better.

The setting of the play is in the Middle Ages. The story is about why a royal called Robin Locksley becomes Robin Hood, an outlaw and how she went against the bad guy in the play called the Sheriff of Nottingham. I think the plot is logical and the play is well-structured. However, it was the acting part that worries me the most.

The biggest problem was that the audience could hardly hear what the actors said as most of you spoke too softly. I advise all of you to do some vocal exercises before acting so that you can project your voice better. Also, all of you can try using hands-free microphones which can amplify your voices.

About non-verbal cues, it’s disappointing to find that the lead actor had a wooden performance which could not engage the audience. With the experience of this rehearsal, I hope that the lead actress can relax and act more naturally in the actual performance. In addition, the audience couldn’t see the facial expressions of some actors clearly since they always showed their back to them. This can be improved through adjusting the stage directions. I also think that it is important for the director to keep reminding all the actors to face the audience in every rehearsal.

Last but not least, the props didn’t enhance the reality of the dramatic scene of the play. In the play, the actors used bows and arrows in the archery competition. However, using newspaper to make them was not good. They didn’t look real as the newspaper was too soft. My suggestion is that the props team could buy them on some online stores for props since there are plenty of choices and they aren’t expensive at

all.

I hope the above advice is useful. If you have any problems, please contact me.

Best regards,
Chris Wong
Chairperson of the Drama Club



Informal letter

4B Lau Chun Ting Justin

Dear Pat,

How're you doing? I'm doing great in Form 4 - a brand new start. It's been fulfilling and interesting for me. I've actually found it kind of easy. Maybe, I have the blood of Einstein! Lol!! Congrats on finishing school!!! OK, back to the topic! Travelling by yourself, right? It must be an unforgettable adventure. Anyway, you've found the right person to ask. Let me tell you something about HK.

Here's my plan. Since you won't plan to spend much time on shopping or expensive items, say goodbye to Gucci, LV and pricey wines. Say hello to Mother Nature! First, there's a wonderful place called Shek O. It's located on the southeast corner of HK Island. It's a paradise of weird rocks as its name suggests. It's a landscape which is made of a bunch of rocks near the sea. When the sun sets, the rocks give a great contrast of shadow and light. The reflection of the sea creates a wonderful view. Flawless, is the only word I can think of to describe the scenery.

Then, the second pick is Tuen Mun. The town is a perfect combination of nature and concrete. The hills and buildings create a unique harmony, which I'd say,

symbolizes the harmony of Hong Kong. It's also an aged town. The pace of living is slow. One could find convenience living in Tuen Mun, as well as the natural environment if you enjoy hiking. The trails in Castle Peak are highly popular in Hong Kong.

These are all the suggestions I'd like to mention. If you need a tour, I'll be glad to guide you through your adventure.

Have a safe flight.

Yours,
Chris

An informal letter

F. 4C Chau Ching Ki

Dear Pat,

How are you getting on? I'm sorry that it has taken so long to write back.

Thank you for your concern about my new academic year. I think I need more time to adapt to it because the subjects are more demanding than those of Form 3. I think English and Liberal Studies are most challenging since there are many new vocabulary and terms. I am busy with looking up words from a dictionary. Another problem is that I write too slowly. I have failed in the quizzes of Liberal Studies since I could not finish all the questions. I think I must improve my writing speed.



Although I am busy with my studies, I have joined the Liberal Studies

Club. I want to know more about the social issues of Hong Kong so that I can perform better in the assessments.

I'm glad to know that you will visit Hong Kong in December. Let me suggest three tourist spots to you. As you are fascinated by plants and animals, I highly recommend you go to the Hong Kong Zoological and Botanical Gardens, which is on Hong Kong Island. You can go there by MTR, bus or minibus. They are cheaper means of transport for travelling around Hong Kong. There is a wide variety of animals including mammals, birds and reptiles in the park. Besides, there are about 900 species of plants like Hong Kong Orchid Tree and Camellia Crapnelliana. I have great news for you. The Garden has no admission fee, so it is a place you shouldn't miss.

As a nature lover, you could also visit Tung Ping Chau Marine Park, a renowned scenic spot for sightseeing. Spectacular coral communities and marine lives are found in its water. It is relaxing for you to admire breathtaking geological features such as the wavecut platform. Remember to check the ferry schedule if you go there. The ferry only operates on Saturday, Sunday and public holidays.

As I know, you need to travel on budget and save money for studies. If you want to learn about the food culture of Hong Kong without spending too much money, you may try Chinese cuisine in dai pai dongs. They are a popular type of open-air food stalls because they provide cheap but tasty food, for instance, claypot rice, fried rice with beef and milk tea. However, they may not have heating, you might feel a bit cold when you go there in December.

What do you think of my suggestions? Please write me a reply to tell me your plan. I look forward to your visit to Hong Kong.

Love,
Chris



An Article**F.4C Fung Yik Man****Let's join the fitness courses!**

Have you ever joined a fitness course? I have joined some offered by our school and I highly recommend you take part in them. Your bodies will undergo some changes after the courses. I am sure you will become fitter and stay more positive.

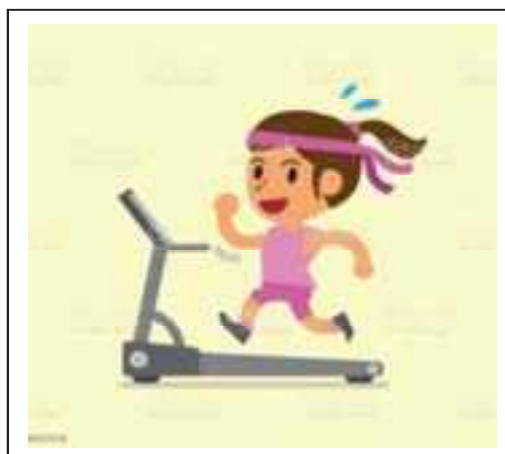
My lifestyle in the past was sedentary. I didn't like doing exercise and I loved eating oily food, so I suffered from obesity. I was also lonely and seldom had gatherings with friends. My life was so horrible that I felt depressed for a long period of time.

When my friend knew my problems, she encouraged me to join the fitness courses which were offered by our school. She believed that the course could help improve my health. Luckily, I made the right choice and signed up for the course.

In the course, some qualified, professional instructors taught me how to do exercise by using different machines and equipment, like running on a treadmill and having strength training with barbells. I also acquired some skills for resistance training and weight training. At first, my muscles ached after I did some strenuous cardio exercise. However, I didn't give up because of the encouragement of the great instructors. They kept checking my Body Mass Index (BMI) and my training progress so as to offer me useful advice.

After a year, my BMI changed from 30 to 20. I had good quality of sleep and felt relaxed after doing exercise. When I finished the course, the instructors reminded me to make time for exercise regularly so that I could stay in shape and lead a healthy lifestyle. I follow their advice and go to the gym at least three times a week.

Maintaining physical and mental health should be the top priority of our lives. I highly recommend you join the school fitness courses. They will help you adopt a healthy and positive lifestyle.



A Story**F.4C Whitney Hung**My Robot Friend

Chris, my best friend, has always been an average teen. He has average looks, average grades and does average things. The only thing about him that rubs me up the wrong way is his personality. He seems very emotionless. I used to think he didn't care about things until ...

One day, Chris and I were preparing food in the kitchen. I was chopping carrots for the soup. Suddenly, the knife I was using slipped and cut Chris on his hand. I rushed to the toilet to get the first aid kit to wrap his hand up. What I saw took me by surprise, there was no blood coming out of his wound! There were only wires and computer chips. I was totally dumbfounded and fell on the floor. I looked up at Chris, but he still held an expressionless face.

"You're a robot, aren't you?" I screamed at him.

Chris looked down at me and back to the cut. The metallic skin quickly regenerated by itself. He moved his hand around to test it out.

"You weren't aware of it, but I thought I was obvious," Chris replied calmly, tilting his head to me.

"W...wow, you are really a robot, but your skin, your hair, your movements all look so real!" I exclaimed, touching the cut on his hand. "That's awesome! It doesn't feel like metal at all!" I said while comparing his hand with mine.

"Of course! The professor made sure that people won't find it out very easily. However, now that you know about this, I must erase your memory," Chris said, and a syringe filled with a green liquid popped out of his neck.

"Stop! Before you do anything, listen to me first. I promise not to tell, please!" I begged for mercy. The syringe went back inside his body and Chris sighed, rubbing the back of his neck.

"Fine, but you shouldn't know about it. Anyway, let me take you to see the professor," Chris suddenly held my hand and everything went

black ...

“Mary, wake up!” I heard a voice calling me and I opened my eyes to find myself in a laboratory. My eyes widened and saw all sorts of gadgets that I could only find in sci-fi movies. Giant laser guns, unknown chemicals in test tubes, and human-like robots. All these were absolutely amazing – I just gazed at them in awe.

Then, a man wearing goggles and a white lab coat walked in the room, holding some documents in his hands. He looked like he was in his early 20s. He walked past and didn’t seem to notice me.

“Chris, do you come to visit me?” he asked and looked up only to avoid my stare.

“Umm ... I’m Mary, a friend of Chris,” I introduced myself, waving at him.

“Pleased to meet you. I’m Professor P, but you can call me Peter,” he replied.

“Professor P, you’re the person who made Chris. You’re superb!” I complimented him on his creation. He smiled bashfully and tugged at the collar of his shirt.

“Is that so? Thank you very much! Would you like to know how Chris was created?” He exclaimed and jumped around like a child. I nodded my head, then he grabbed my arm. Pulling me to another room as Chris followed us. The room he took me into had many fake body parts in it. Arms, legs, torsos - you name it, he has got it.

“Mary, do feel free to touch them, but don’t break anything,” Peter said.

I picked up a head that shared the same blonde hair like Chris’s. It had the same facial structures and features, except this one had freckles. Chris told me that was a prototype of him, and I continued to look around to find out more. This place felt so real yet fake at the same

time.

Peter suddenly appeared next to me and I leaned against the wall. Hitting a red button, I saw a panel open and a large tube emerged. I saw a person inside. I walked towards it and put my hand against the smooth glass that separated me and the person. His eyes were closed and he looked peaceful. But, why did the person look like Chris?

“You weren’t supposed to see that,” Peter said in a soft voice and glared at me. I felt something restricting my hands at my back, holding me tight. Peter picked up a test tube and a syringe. He looked at me, pitying me.

“We could be great pals, don’t you think so? Just Chris, you and me,’ he walked close to me. “If only you hadn’t seen this,” he walked even closer. I felt sweat dripping down my forehead and dropping down on the floor.

“Sweet dreams, Mary. Hope we can see each other next time,” he was standing in front of me, smiling. He inserted the syringe into me and I could feel myself falling asleep.

“Mary, are you okay?” I opened my eyes to find Chris.

“W-what? What happened?” I asked Chris. He had an anxious look on his face and patted my head.

“You fell and hit your head, but the doctor said you were fine,” he hugged me tight.

I looked around the room, and slowly hugged Chris back.



An Article**F.4C Jeffery Leung Chun Yan**Is a 9:00 school start time a remedy to students' exhaustion?

It is a common phenomenon to see students feeling tired and sleepy in lessons. A recent article in the *Young Post* has suggested that an 8:00 am start to the school day makes students tired and sleepy. I do not fully agree with it.

The reason why students feel exhausted is because of the increasing demands at school. Undeniably, students always need to do their homework and prepare for the next day's lessons and quizzes, so they are occupied by loads of schoolwork. Some students even join extra-curricular activities after school, resulting in great stress and even sleep deprivation.

In order to solve the issue, is a 9:00 am start a possible remedy? Personally speaking, it cannot offer a real solution to the problem. If school starts at 9:00 am, we will leave school later. The overall school time and work schedules of students do not decline but are postponed. It is hard to say the problem will be solved if we just set the time of starting school at 9:00am.

Are there other solutions that can help students feel less stressful and tired? Increasing students' rest time could be an option. We can reduce the assignments of students or let them finish work at school. In this way, students can have more free time for relaxation.

In conclusion, if we just delay the school starting time, the issue cannot be solved effectively. We should get to the root of the problem to find the best cure – let them have more rest time by giving less homework.



A Formal Letter**F.4C Yvonne Wong Sum Yi**

29th December, 2020

Dear Mr. Law,

I am writing to lodge a complaint about our Physical Education lessons at school. I would also give some suggestions on activities that could be introduced in future PE lessons.

To commence with, most schoolmates find the PE lessons far from interesting. They have mentioned that they take half an hour to run around the playground as a warm-up for every lesson, which is equal to half of the lesson time. Schoolmates find running boring as well. After running, it takes a long time to line up and have a briefing session. In the end, there are only about ten minutes left for activities that are related to sports. Students are dissatisfied with our existing PE lessons, which makes them not want to be involved in the class.

With reference to our schoolmates' feedback, I have two suggestions to improve the present situation.

First, the teachers could consider reducing the time of warm-up exercise. It would be good if there are more team activities in the form of competition. Basketball, football, volleyball and dodgeball are good examples of these activities. Schoolmates like more energy-consuming activities because they could release stress and unwind after long hours of learning in the classroom.

Second, I think schoolmates could be given some free time to do what they desire in PE lessons. In my belief, PE lessons could be more relaxing to let students choose their favourite activities like playing badminton. Teenagers should not be restricted all the time. They may discover their interests or even potential through participation in sports. In this way, they will enjoy the fun of sports.

To conclude, the existing PE lessons could be more appealing to students. I sincerely hope the school could implement my suggestions to let students have a more positive experience in the lessons.

Thank you very much for your attention.

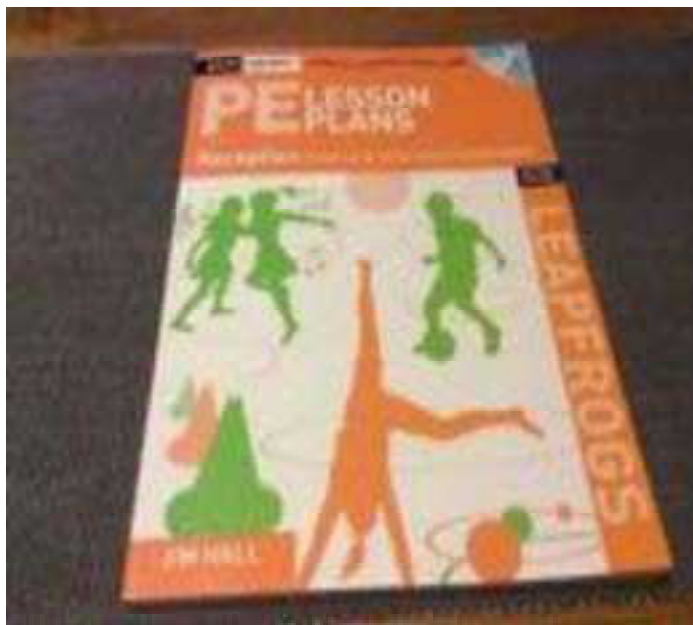
Yours sincerely,

Chris Wong

Chris Wong

Chairperson

Student Union



A Drama Recount**F.4D Cheung Chi Ling**

An email of advice on making a performance better



Dear students,

Last week, I had a chance to watch the rehearsal performed by a group of Form Four students. I would like to give some comments and advice on how to make the play better.

This story of the play is fully adapted from a fairy tale but the plot had not changed enough and most of the content was unoriginal. If I were you, I would refer to other works to make the plot more interesting and meaningful. It could make the audience think that it is a memorable drama.

On top of that, it was worrying to see that the actors were very unfamiliar with the plot of the drama. Some even forgot their lines from time to time during the rehearsal. It was more like a group of people speaking on stage than acting and the actors also have difficulty in reciting the lines. If there are too many lines to remember, perhaps you could try to replace them with actions. I think it would make the performers familiar with their movements and link their emotions to the role.

At last, it was hard to distinguish the roles because the costumes were almost the same. The audience found it difficult to tell who the main characters were. You may consider adding some accessories and making the colours of the costumes of some important characters more conspicuous to show the roles' attributes. If the role is the princess, you can add earrings and a necklace, her costume could be pink. It can help the audience to identify the characters and understand the plot of drama.

There are many areas for improvement in the rehearsal. I hope you can find my opinion useful and the drama show can be more interesting, meaningful and creative.

Best wishes,

Betty

A Proposal

F.5A Koo Chin Wai Chisato

A Proposal of activities to promote reading habits

I. Introduction

As the President of the Student Union, we suggest three activities to promote reading habits among students and to build up the atmosphere of reading on campus.

2. Recommendations

We propose three activities to increase their reading interest and habits.

2.1 Second-hand book stalls

We think holding a second-hand book stall would be a good idea. It could be held in our school hall. Students could bring the books which they do not need or want to be thrown away. They can be story books, textbooks or exercise books. Comics and magazines are not included. All books will be sold for under one hundred dollars. The money could be donated to our school library. We could also make a poster to promote our events. In order to encourage students to join this programme, those who donate over thirty books could receive a present. This activity could let students choose the books they like or are interested in. Also, the atmosphere of reading could be built up in the campus.

2.2 Invite some famous writers to give a talk

We suggest inviting some famous writers to give a talk to our schoolmates. The talk could be held in the Student Activity Room. The writers could share their experiences, the reasons why they become writers so as to arouse students' interest and build up their reading habits. A question and answer session could be arranged. Also, the writers could ask some questions. If students could answer them, they could get a book from the writers with their autographs in it. After the talk, students could also bring the books they bought and ask for the writers' signatures. This

event could definitely promote a good reading habit in school.

2.3 Add a reading session before regular lessons

We propose adding a reading session before regular lessons and all students should participate. Students would only read books or newspapers during this session. They would not be able to do homework or take some rest in this session. Both students and teachers should read in this particular session and it could be held on every Monday and Friday. After a month, teachers could choose a student to share the book that he or she has read on the campus radio. Students could also vote for the one who has good performance. The most popular one could get a book coupon for their class. Adding a reading session and having the book sharing could encourage students to build up a reading habit and this can increase their interest in reading.

3. Conclusion

We believe that the above three activities could build up the atmosphere of reading in the campus and promote a good reading habit. We hope that our suggestions would be suitable and they can be implemented.



A Feature Article**F.5B Memphis Wong Chi Hin****The reasons for becoming a YouTuber**

I have been passionate about cooking since I was a child. Inspired by the cooking skills shown in a television show called “Master Chef”, I have always been keen to share my delicious recipes, using ordinary ingredients with people. I also enjoy exploring new ways of cooking, so I have decided to start a cooking channel and become a YouTuber.

The difficulties I have ever faced in my job

Becoming a cooking YouTuber is not as easy as some people may think. It involves not only creating new menus but also fixing technical difficulties like editing videos, audio processing; setting up the kitchen and implementing safety measures. Maintaining physical fitness is also important because I need to stay focused all the time during the process of cooking. All the follow-up work after cooking and recording, such as cleaning up dishes and the editing work requires strenuous efforts. I remember I was taking my university exams when my channel first started to flourish, I had to study until midnight as cooking work was done at noon. I almost had no time for editing videos and sleeping, which was demanding and tiresome.

The most memorable moment of my job

There was one time that my camera accidentally dropped and fell into the burning oil in a wok, which spilt the oil all over the place and onto me as well, causing burnt wounds on my arm and torso. The unbearable pain almost made me faint, but I managed to remain calm and treat the burnt area with cold water and ice packs. After dressing the wound, I checked the kitchen again for the reason why my camera fell off from the stand; I noticed that the clamp which was meant to hold the device was missing. I made a blunder by not realising the problem. That experience taught me a lesson to keep checking that the equipment is in a perfect condition before I start cooking.

Advice for students

Being a YouTuber has its difficulties, yet overall, it is rewarding. When you achieve your goal with effort, all your hard work pays off. Remember not to give up and stride through obstacles.

A Feature Article

F.5C Tim Yun Ka Ho

My dream and hard work

I'm Chris Wong. I'm a professional football player. Watching a host of prestigious football teams and athletes such as Manchester United and Liverpool competing on the television since I was 14, I pledged to be the second Cristiano Ronaldo and was eager to have competition with the top-notch football teams worldwide. Since then, my dad witnessed my aspiration of being a football player and hired a private coach for me. Every day, when school finished, I dashed to the football field and started training. Learning how to pass the ball skilfully and how to grab the ball from opponents, a spate of difficulties arose. However, even against all odds, I never wanted to give up and the dream of being a professional athlete has never gone away from my mind! Exhausted as I was, I never stopped training and I usually remained in the football field for at least 3 hours per day!

The challenges and problems during training

After reaching the age of 20, I joined one of the prominent teams in Hong Kong. In the team, the strength, skills and power of those players were beyond my expectation. They are extremely meticulous and hardworking during training. Once, during training with my captain, Peter, I attempted to grab the ball from him, but he kept the ball under his feet successfully. Unfortunately, the most serious injury throughout my whole career happened. After failing to steal the ball, I fell onto the ground and my leg hit the marble ground heavily, resulting in fractured leg and concussion. It was a blessing that my injury was cured and hasn't affected my career much.



The people I want to thank

If you ask me whom I want to thank, I will undoubtedly answer you – my teammates and coach. Entering the team, seeing so many professional players, realising my football skills were way worse than them, they never teased me for my hilarious and awful skills. Instead, they tried their best to teach me various football skills and encouraged me when I felt depressed. Getting injured during training, I was sent to hospital. My teammates came to visit me and took care of me on shift. It is definitely my pleasure to have all these teammates!

The thing I want to do after retirement

As we all know, athletes usually retire when they reach their 40s. This year, I will turn 38 years old, which suggests that I still have two more years to sprint on the field. After retiring, I will devote my time to teaching underprivileged students football skills and hope that more Hong Kong adolescents can be passionate about football and stretch their potential.



A Letter to the Editor

F.5C Jayden Luo Wenjing

Recent years have seen an issue that the lack of public facilities cause citizens have inadequate equipment for exercising. It leads to the hot debate on whether schools should allow the public to use school's sport facilities after school hours. Some residents say that it is better to maximise the availability of schools' facilities. Reasonable as the saying sounds at first glance, on second glance, it is not viable. I am going to express my view on this below.

First and foremost, safety is a concern. We can't eliminate the possibility that some people with ill intentions might enter the campus. School security guards finish their work after school hours, say 5:30 p.m. Who can ensure the students' safety? Students who are told to stay at school for extra lessons have no assurance of their own safety. Allowing the public to enter the campus freely may lead to theft and vandalism. It may also cause irrevocable incidents that students may get disturbed or encounter sexual harassment. These traumatic experiences may last forever in students' life. Under no circumstances should we put students in jeopardy; students must be protected in school.

Adding to this problem is the maintenance of school facilities, the facilities may be worn out due to the overuse. Opening schools to the public in order to let public utilise the facilities may aggravate the problem. Facilities may end up being destroyed. Given that facilities are expensive, the expenditure on the repair and maintenance is pricey. Thus, here comes a question—who foots the bills? Students, citizens or the school? It would be difficult to identify the person who breaks the facilities and to investigate who commits vandalism.

Another problem is the cleanness of school. After school is open to the public, it may eventually turn out to be the public places like parks and sport fields in which tons of rubbish like cigarette butts, plastic bottles and cartons are found. Everywhere may be messy and the facilities may become filthy. Hence, another question comes – who is responsible for the maintenance of the school environment? Who should the onus be put on?

The person who came up with the idea may not completely understand the operation of schools. The school's facilities are indispensable for the students to have their extra-curricular activities and practice such as basketball practice and football practice, so on... The facilities provide them a better place for training and exploring their potential and interests in order to facilitate them to develop diverse aspects such as music, sport and science. Not only do the facilities provide them a suitable place for all-round development, but also give students place to rest after arduous studying. The campus is not just a place for learning, but also provides space for them to boost their physical health and mental health. It is absurd to suspend the students' extra-curricular activities so as to allow the public to use the facilities. The idea can be hardly adopted with this unreasonable ground.

All in all, the idea is unfeasible. Not only shouldn't we put students in jeopardy, but also it should not affect their extra-curricular activities. Entitling citizens to make use of the campus equipment is not an instrumental solution. To resolve the issue, I suggest the government fork out to build up a sports complex providing enough space and facilities open to the public to encourage people to exercise more and live a healthy life.

Yours faithfully,
Chris Wong



An Informal Letter (Drama Module) F.5D Haide Chung Wing Hei

Dear Peter

Hey! How's everything going? Are you doing well? Do you still remember the last time we spoke, I told you about the inter-class English Drama competition? I've interviewed the winning team and I've got a lot of information. I can't wait to share with you!

First of all, let me tell you about the drama of the team. The name of the story is "Battle Academia". Sounds cool, doesn't it? The story is about their class. All of the students had their weapons and their own unique goal was to fight, the double-saber and a hammer that freezes everything it hits. There were so many monsters that came from the void through a gigantic portal. The students had one target, which was to fight against the monsters and to destroy the portal in order to bring back peace. The drama was presented in an anime-styled way. It's amazing just by listening to the plot, isn't it?

Secondly, I'll tell you about how the team prepared for the competition. I'm sure you're interested in it. I have to say that they put so much effort into it. They bought a lot of LED light strips to stick on the props and costumes so that they could create stunning and eye-catching fighting effects. They also bought some dried ice and fans to make some mist when the characters were fighting. Not just effects, they even made their costumes and weapons themselves! Before the competition, the members of the team designed and made all the costumes together. They also had their own theme song, written by one of the members. When I interviewed them, they sang it to me. Can you imagine how surprising it was! That was wonderful! I'll sing it to you when we meet.

Finally, they told me the reasons why they won. They thought that the main reason why they won is that most of the students are interested in anime or manga. The way they performed was really anime-styled: sparkles and lightning, magic and blades. That's why everyone liked it. I personally think that there's more. I believe in addition to the memorable plot and special effects, the audience felt their effort and enthusiasm, which ultimately gained their respect. After the interview, they showed me the prize – a shiny trophy and some mini figures of all the characters in their drama. I was speechless when I saw those figures. They were so detailed! I'm going to join the competition if the Drama Club is going to organize it again, for the figures!

Are you as shocked as I was when I interviewed them? Please write back and tell me how you feel. I'm looking forward to hearing your feedback.

Yours

Chris



Speech to New Students about School Rules

Good morning Principal, teachers and fellow students

On behalf of the Students' Union, I'd like to welcome all of you to our school. I'm sure we all want to achieve success and have an enjoyable school life, so this morning, I'd like to give you some advice.

To commence with, I believe following school rules is of cardinal importance. As the proverb goes, 'To err is human', we all have made mistakes in our lives – cheating, copying homework, lying and so on. As a microcosm of our society, the school has the responsibility to teach you to distinguish right from wrong, which is evident in our strict school rules. The objective of setting up these rules is far from punishing you, but to help you establish right values in life such as integrity, leadership, punctuality and many more. Being nurtured in such an orderly school environment will help shape your future character, thus enhancing your future personal development.

No entrance to the restricted areas; no eating or drinking in classrooms... these hard and fast rules are definitely unfamiliar to you, if not frightening. While our school places a premium on obedience to school rules, we totally understand that it might be arduous to acclimatise yourself to these rules in such a short period of time, let alone adhering to them strictly. Please be assured that we will give you

a helping hand – we have arranged several student ambassadors to explain the rules to you after this morning's session, during which you are welcome to raise questions. Our students and teachers would appreciate it if you have any enquiries as we want you to know that we care about you. While we persist in implementing rules fair and square, friendly reminders will be uploaded to the intranet to make sure you all have access to them.

Aside from the school rules, I would like to touch on the topic of friendship. What do you think about friendships? Truth be told, I am grateful to have met my best friends in this school, who have accompanied me through thick and thin over the last six years. I believe it is equally important to all of you, as friends are meant to share happiness and sorrow with us. Having a sophisticated network of acquaintances is not only beneficial to sharing invaluable memories together, but they also serve as a shoulder you can lean on when we encounter challenges at work, for example, group projects and interviews. It may well boost you when you have grown up and are searching for work. Most importantly, they are the ones who experience highs and lows with you in the coming few years, leaving indelible memories in your school life.

Leaving your old friend zone and developing new comradeships might be another difficult task, yet please remember we all have walked this path. Taking the initiative to chat with those beside you is definitely an alternative to get the ball rolling – why not give it a try?

Smiling at each other or nodding your head may also help leave an amicable impression on others, be them teachers or schoolmates.

Let us once again welcome the new students with a warm round of applause. I hope the advice will assist you and wish you all the best.



A Story – 2012 DSE Writing**F.5D Mini Siu Yuk Kwan**

It was a Friday night. Exhausted from work, I was trudging home by the Peninsula Hotel in Tsim Sha Tsui.

“Vroom!” the earsplitting roar of a car engine bombarded my eardrums. I glanced towards the source of the noise and spotted a shiny white sports car braking to a stop at the traffic lights ahead.

I sighed. “The rich people nowadays...the only thing they do is to show off...” I muttered. As I kept walking along the pavement, I noticed that the driver of the sports car was a young man. When I looked closer, I was struck by recognition and utter surprise.

The man was Peter – my 25-year-old elder brother!

I couldn’t believe my eyes. The last time I spoke to him, he was still desperately searching for a job. How could he have afforded such an expensive vehicle? But before I could run up to him, the traffic lights turned green, and the sports car sped off into the distance.

The next day, I put on a pair of sunglasses and a surgical mask. I walked down the street, hailed a taxi and headed straight towards the apartment where Peter lived. After I arrived, I entered the car park of the apartment complex and quickly found the white sports car that I had seen the day before. I walked a few steps away from it and hid behind a car.

After a few minutes, Peter walked into the car park. He remotely unlocked the sports car, stepped inside, and drove off. I hurried after him. As soon as he got onto the main road, I hailed another taxi. Ten minutes later, he stopped, parked his car and walked into a small alley. I followed. At the entrance of the alley, I spotted another man talking to him. I swiftly hid and eavesdropped their conversation.

“You got the cash?” asked Peter.

“Of course,” replied the sinister looking man. “Now, the powder.”

“Here.” There was a rustling sound of a plastic bag.

I waited until the man had left. I was utterly shocked and infuriated. “How could he do something like that!? Is he that desperate?”

When I was sure that the man had left, I stepped out of my hiding place and bellowed. “Peter!”

Peter saw me and his eyes widened in horror. He turned to run, but I quickly grabbed his arm and clutched it tightly.

“Transporting drugs? Seriously?” I exclaimed. “That’s how you had the money for the car?”

He was speechless. “How did you...? ... Doesn’t matter.”

“Surely you know it’s illegal...”

When we were quarrelling, a police officer patrolling the streets noticed us.

“I heard some shouting just now,” said the police. “Is everything alright?”

Peter’s eyes pleaded with me not to say anything. My heart was pounding and a stream of hot blood gushed up to my head. What should I say?

I grasped his arm even tighter and explained everything to the police officer.

“I’m so sorry, Peter!” Tears streamed down my cheeks as the police officer took my only brother away.

“I hate you!” Peter screamed as he was pulled into a police car.

My heart ached terribly but deep inside, I knew I had done the right thing.



A Food Review

F.6A Sy Siu Yik Kelvin

Eat & Drink

Name : Dim Sum One

Type of Cuisine: Chinese dim sum

Best for: Children / Family



Recently, I had an opportunity to try a small but trendy new restaurant in Hong Kong. I would like to share my dining experience with you after trying this new modern Chinese restaurant.

Food

Dim Sum One serves a wide variety of Chinese dim sum. Each dish is freshly made and only a limited amount is sold every day. The chef buys all the ingredients every early morning. All the food has its own uniqueness. For instance, siu mai and shrimp rice rolls are my favourite ones in this restaurant. Their appearance and flavours are really special. You can choose any dim sum dishes there to suit your taste. No wonder there is always a long queue in front of the shop every day.

Service

The service and dining environment of Dim Sum One gives me a 'home' feeling. Even though it is patronized by many diners, I can still find a seat to enjoy food there. This comfy restaurant not only provides ample space for customers, but also offers outstanding service. When I ordered dim sum, all the services were thoughtful and customised. I could enjoy my time to choose whatever I wanted.

All in all, Dim Sum One is a restaurant that I would like to highly recommend to every one of you if you like dim sum. It is suitable for business meals and family gatherings. The variety of choices and services will give you an unforgettable dining experience. Give it a try this weekend!

A Letter to the Editor**F.6B Wong Wai Chun**

Dear Editor,

I am writing to express my opinions on the non-pharmacological intervention measures which fight against COVID-19. COVID-19 has affected Hong Kong for more than a year. People may develop serious illnesses if they get infected. The virus may even cause death to people who are old and those with underlying medical problems. Many health experts have promoted non-pharmacological intervention techniques. However, many people have complained that doing so would be devastating to their livelihood while some find it difficult to adopt the measures. In my opinion, there are some ways to help mitigate these difficulties.

There are different measures for combating COVID-19. One of them is keeping social distance. If people maintain a social distance, it helps to control the transmission of the virus. Therefore, we should keep a social distance of at least 1.5 metres. Besides, if too many people gather for a long time, it will impose higher risks of infection. Therefore, the government has also implemented a social gathering ban. Group gatherings of more than 4 people in public places are prohibited and dining in restaurants from 6 p.m. is banned. As a result, restaurants have to rearrange the setting of tables. Another way to fight against the virus is wearing masks. According to the law, everyone must wear a mask at all times in all public places.

Some people find it difficult to adopt the measures mentioned above. Many children and old people are not aware of the importance of wearing masks, so they may take them off when they feel uncomfortable. In addition, the social gathering ban also affects the livelihood of restaurant owners and the people who work in the catering industry. Since there are fewer customers, it reduces the profits of restaurants. Some restaurants will close down if they cannot cover the cost. As a result, more people will suffer from unemployment. For teenagers, some of them enjoy having gatherings with friends. They want to go outside and have fun with friends at night. However, the pandemic stops them from doing this as many places for entertainment are temporarily closed.

It makes some of them feel depressed.

I think there are some ways which can help people to mitigate the difficulties. The most effective one is through education. It would be nice if the government made some videos that highlight the advantages of different measures for fighting against COVID-19 including wearing masks. If people have more understanding, they are more willing to follow the policies. After promotion, if people still keep on breaking the laws, the government can impose heavier penalties on them. Also, in order to help the restaurants face the difficulties of running their business, the government could also provide substantial subsidies to reduce their financial burden.

During this difficult time, it is understandable that many people feel sad and depressed. Counselling services can be provided by government departments or schools.

To sum up, COVID-19 has seriously affected our society. There is a need to impose some strategies to help fight against it. It is hoped that if everyone works together, we can overcome our difficulties in facing the pandemic.



E-payments – Benefit or Hindrance?



Many people prefer settling payments by bank and credit cards or mobile payment apps to cash. What are the advantages and disadvantages of cashless methods to make payments?

Owing to technological advancement, many mobile payment apps such as *Apple Pay*, *Google Pay* come into existence. There are two advantages to explain why people prefer using these methods.

First, as people deposit their money in their banks, credit cards or mobile payment apps enable them not to carry a large amount of cash in their wallets. The benefit is obvious – reducing the risk of being robbed. When they are walking on a street, they might be hunted by robbers or thieves after withdrawing huge amounts of money from the ATM. However, when people's wealth is stored on e-platforms, they will not have this problem. Most platforms have security measures to safeguard their users' accounts from being hacked. The risk of being robbed is minimised. With this in mind, it is easy to understand why people opt for e-payments.

In addition, people using e-payments are not required to bring a large amount of cash, which derives another benefit from this – convenience. People prefer convenience but what is the fastest way to manage their finances? With one click on their phone, they can settle payments with mobile payment apps. Another example is when they go travelling with their peers, they do not have to exchange the currency of the country they travel to when using e-payments. When they go shopping, there is no need to carry cash around in their wallets. Most importantly, credit cards are accepted universally. It brings great convenience to consumers.

However, if e-payments are so perfect, why don't people from all walks of life choose these methods? It is obvious that there are some drawbacks.

If people always use credit cards to settle payments, they may have to pay interest and the interest rate of credit cards can be extremely high. Besides, most

people have more than one credit card. Some who are poor in financial management might not be able to settle the debt but only settle the minimum payment. Thus, using credit cards is risky as they will shoulder a heavy financial burden after having the joy of purchasing their desirable goods or services.

Aside from this, there is another pitfall derived from convenience — the problem of overconsumption. As e-payments are certainly convenient, people definitely keep buying and buying. With convenience, they may be addicted to purchase without considering whether the product or service is necessary for them or not. Finally, the unused clothes or unwanted gadgets end up in the landfills. This leads to another problem — wasting the already scarce resources on the planet.

In short, e-payments bring more safety and convenience. However, it depends on one's money management. People are strongly advised to think twice before spending and using these methods, otherwise, they may have to bear tragic consequences.



A Letter to the Editor

F. 6C Liu Wai Fung

Dear Editor,



Parent's Overprotection – Good or Bad?



Children in Hong Kong are criticised for lacking skills to deal with the challenges of everyday life. People reflect that this is the result of helicopter parents who take care of everything for their children. I am writing to express my viewpoint on this controversial issue and recommend some ways to alleviate the problem.

Nowadays, parents overprotect their children and provide lots of resources to nurture them. They want the best for their children but also from their children. From the day of their children's birth, helicopter parents plan everything for them such as the selection of schools and enrollment of different extra-curricular courses. Since the children who are brainwashed to just focus on their studies have no experiences of dealing with any problems in their daily lives, they cannot survive without the presence of their parents. To avoid the situation continually happening, three recommendations are proposed below.

First, parents should be educated since they are the ones who affect the growth of their children. Talks and workshops could be organised to let them know how they can raise their offspring properly. In the talks and workshops, parents should be encouraged to provide opportunities for their children to be more independent by asking the younger generation to do more for themselves, starting with feeding, washing, dressing themselves, and so on. In this way, the children will be able to look after themselves gradually.





Second, programmes can be conducted for those students who have difficulties taking care of themselves. In these programmes, they will be taught simple life skills. For example, how to negotiate with their teachers for an extended homework deadline. If they continue to apply the skills in reality, they will learn how to solve their own problems or manage themselves effectively.

The last recommendation is to have a seven-day graduation camp in primary and secondary education. Camping is the most effective activity to help youngsters become mature since they have to cook by themselves, collaborate to do household chores, sleep alone and face the darkness at night. This is a good way to train them to pass through to the next milestone.



To sum up, these suggestions can help teens nowadays to be more independent. It is understandable that parents would like to look after their children as much as they can. However, this certainly hinders the development of their offspring and adversely affects the quality of the next generation in Hong Kong in the future.

Yours faithfully,
Chris Wong
 Chris Wong

An Email**F.6D Ho Ping Ho Anson**

You are Chris Wong, the president of the Student Union. You have noticed that many junior form students have problems concerning personal hygiene and emotional health. You would like to organise a Healthy Campus Campaign to promote the message of staying healthy and feeling great about themselves.

Write an email to the teacher-in-charge of the Student Union suggesting holding a Healthy Campus Campaign. You need to mention the importance of holding such a campaign, some possible activities and an extraordinary prize to attract students' participation.

Dear Sir/Madam,

I am writing to suggest holding a Healthy Campus Campaign. This campaign aims to promote the message of being healthy and feeling great about students themselves. The importance of holding this campaign, some possible activities and an extraordinary prize to attract students' participation will be included below.

The main reason why this campaign is essential for students is that it can offer a chance for students, in particular the junior ones, to have a clearer understanding of personal hygiene and emotional health. The outbreak of Covid-19 exposes the fact that many students do not have enough awareness on how to keep themselves hygienic. Through the activities in this campaign, students can learn the importance of hygiene and how it can help them stay healthy. Other than personal hygiene, mental health could be promoted in this campaign. They can learn how to relieve their stress from studies, how to handle issues about relationships with friends and families and seek professional help if they have to.

In order to improve students' personal hygiene and emotional health, a wide range of tailor-made activities could be developed. The first one is holding a funfair about personal hygiene and mental health. Students not only acquire knowledge on how to stay healthy: wash hands properly, wear masks appropriately and effectively but also, more importantly, stay positive during the pandemic. Another activity is a workshop on emotional health. Our school could hire some experienced social workers to lead activities. Students would learn effective ways to release stress and even know how to improve their self-esteem through the workshop.

To engage students' interests in these activities, a lucky draw would be conducted. I suggest that we could find some sponsors to donate a smartwatch for us. This high-tech product can surely attract schoolmates to join the activities earnestly. They may even notice their daily health status through this watch.

All in all, this campaign offers numerous benefits to the whole school community. I hope that the school can take my suggestions into consideration.



Yours faithfully,
Chris Wong,
 Chris Wong
 President
 Student Union

A Letter to the Editor**F.6D Cheng Chun Mo Thomas**

Dear Editor,

Prevention of the Pandemic

Millions of people have been infected with COVID-19 and thousands even died during the current outbreak, bringing a severe global catastrophe. I am writing to express my opinions on promoting non-pharmacological intervention techniques with regard to this disease. Yet, in such a critical moment, myriads of people are still making unreasonable complaints about the social distancing and the policy of mandatory quarantine as these cause substantial financial losses to them. For the sake of avoiding the spread of the pandemic, we have to strictly follow the intervention measures.

First and foremost, we should understand the rationale behind these policies and their importance. COVID-19 transmits from person to person mainly through the respiratory route by infected droplets. Apparently, wearing masks and other face coverings are the indispensable means to steer clear of infection. It is against the backdrop that this approach helps hinder the virus spreading through sneezing, coughing and speaking between people. Apart from that, it is crucial to put social distancing in place. With the guidance of the government, the public is strongly advised to reduce social contact by keeping a distance of 1.5 meters from others. Aside from that, several activities namely weddings, parties, as well as cultural events are limited to a small number of people and are even cancelled. Not only do these measures reduce the frequency of gatherings, but they also diminish the chance of a large outbreak. If we do not stick to the intervention techniques, the disease will not be contained. In the long run, it may put an overwhelming burden on our medical system. As such, the non-pharmacological measures are conducive to mitigating the transmission of the pathogen.

Nevertheless, a spate of people such as kids and the people who prefer freedom and money to health have difficulty in adopting those measures. To adults, they are aware of the threat of the epidemic, but to many kids, they have not yet understood the boundaries of social distancing. Due to their mental immaturity, they might not know what the virus is. Sometimes, children are enthusiastic about playing with friends. At school, rarely do they realise they are getting too close with others. As a result, kids cannot protect themselves independently.

In addition, there is no denying that our livelihoods and freedom are affected.

Yet, some insist that it is their liberty to go wherever they desire, ranging from staycation to crowded bars. Apart from that, many workers frown on the action of the government and become grumpy about their temporary financial losses. If people do not comply with the guidance of the intervention techniques, it not only accelerates the spread of the pathogen but also induces further lockdowns and more economic loss. Thus, people had better follow these rules of combating the disease.

As a matter of fact, I believe these obstacles can be eliminated. As far as children are concerned, their parents and teachers play an important role in educating them. Actually, they do not have to worry that talking about COVID will make their children fear. All they need is to be honest with their kids and look for accurate information from reliable sources. Give a kid-friendly explanation, answering questions geared to their age. For young kids, telling them that COVID-19 is a new virus, giving rise to the illness of people, is an effective approach to persuade them to follow the health precautions. However, to those who prioritise freedom over the control of the virus, the government should utilise the power of social media. Using the way akin to the marketing tactics like hiring celebrities to arouse the public awareness of the importance of social distancing and wearing masks helps to convince people. Admittedly, to overcome the challenges the workers face, the government is duty-bound to take the initiative to provide financial support for the needy. As such, it is of vital importance to persuade all walks of life to engage in following the intervention techniques.

In a nutshell, this current pandemic warrants our grave attention. In order to prevent the disease from spreading, we shoulder the responsibility of complying with the measures imposed by the government. It is high time for society to unite together and withstand the outbreak.

Yours faithfully,
Chris Wong
Chris Wong



A Personal Statement to Apply for University Studies

"Why don't you open the door to English and let it come to your daily life?"

This simple piece of encouragement from my English teacher stuck in my head in these three years of senior form education. Therefore, I walked the talk. I had joined different English activities, like the English Debating Team, the English Verse Speaking Team and the English Club. These experiences have brought me to a new territory where I found English interesting and have set my career ambition on English education.

First of all, after joining the English Verse Speaking Team, I found it fascinating to dive into the poet's mind and gain insight into his thoughts and feelings. Reading the verse, I not only appreciate the beauty and elegance brought out from the words but also infer the poet's emotion hidden behind the words. This experience sparks my desire to learn the historical background and the real story behind each piece of literature. I have also learnt to read a poem with emotion and fluency through practice. I have become an assertive and bold speaker.

Besides, I also have a great interest in learning English linguistics. I still remember a video on YouTube delving into the bilingual brain that led me to ponder the relationship between culture and language. As a bilingual speaker, I understand there is a vast difference between Chinese and English. Some fun facts like the words "filial piety" could have a different notion to the west and the east as they have contrasting values based on social norms. Therefore, I believe studying English at university would broaden my horizons and help me take a more in-depth understanding of English Language.

Also, I have ambition in the English education sector. I was one of the English Reading Ambassadors at school. I helped and taught junior form students to read non-fiction books and scan useful information more efficiently. Although the students

had various English abilities, I felt content when they all could answer my questions successfully. I had never thought that passing knowledge to others would be so gratifying. Since then, I am keen to help more people find their interest in learning English, rather than consider it a boring subject with tests and quizzes. I believe that I could be an enthusiastic English teacher and create a good learning English environment for my students.

Last summer, I joined a voluntary group helping children with autism. This experience was invaluable to me. In the class, I had to take care of children with different proficiency and autism levels. With the help of other social workers, I learnt to be patient and thoughtful. More importantly, I discovered that no single methodology can fit everyone as everyone has different learning needs.

After the past six-year learning, I have developed into a well-rounded person. I believe that my initiative, creativity, and perseverance will help me overcome the obstacles and challenges in pursuing my future study and being a good English teacher. I am eager and fully prepared to start a new chapter in my life.





YOU HAVE TO
BELIEVE

IN YOURSELF
THAT'S THE SECRET TO SUCCESS.

LAI KIN HANG



It's a tough time for most people in the world.
Many are affected by the virus,
the same as you.

However, there are always
more solutions than difficulties,
and we all know that we must win the battle.

Therefore,
dear fellow students,
you are not alone at all and
the whole world is with you to cheer you up.

HE ZIYONG

Time goes in a FLASH,
Success will be yours to SMASH.
Even with a little GLITCH,
it will go off without a HITCH

YING FUK TSAN



I know all of you have been worried about your upcoming DSE with
all the delays and cancellations.

Although it does not look an optimistic situation ahead,
look on the bright side -
you have more time to revise.

Just remember to make the best of it
and relax!

LAM KA YAN





Some of you guys may feel upset,
and some of you may feel nervous about the upcoming DSE.
There is too much pressure surrounding you.

But look on the bright side:
you are the ones who are given these challenges
and you will be recognized as "outstanding"
when you have overcome these obstacles.

Although the negative news that you have received recently
may leave you feeling frustrated,
I believe you can adapt to the tough situation
and cope with it confidently.


TO KING YEUNG 

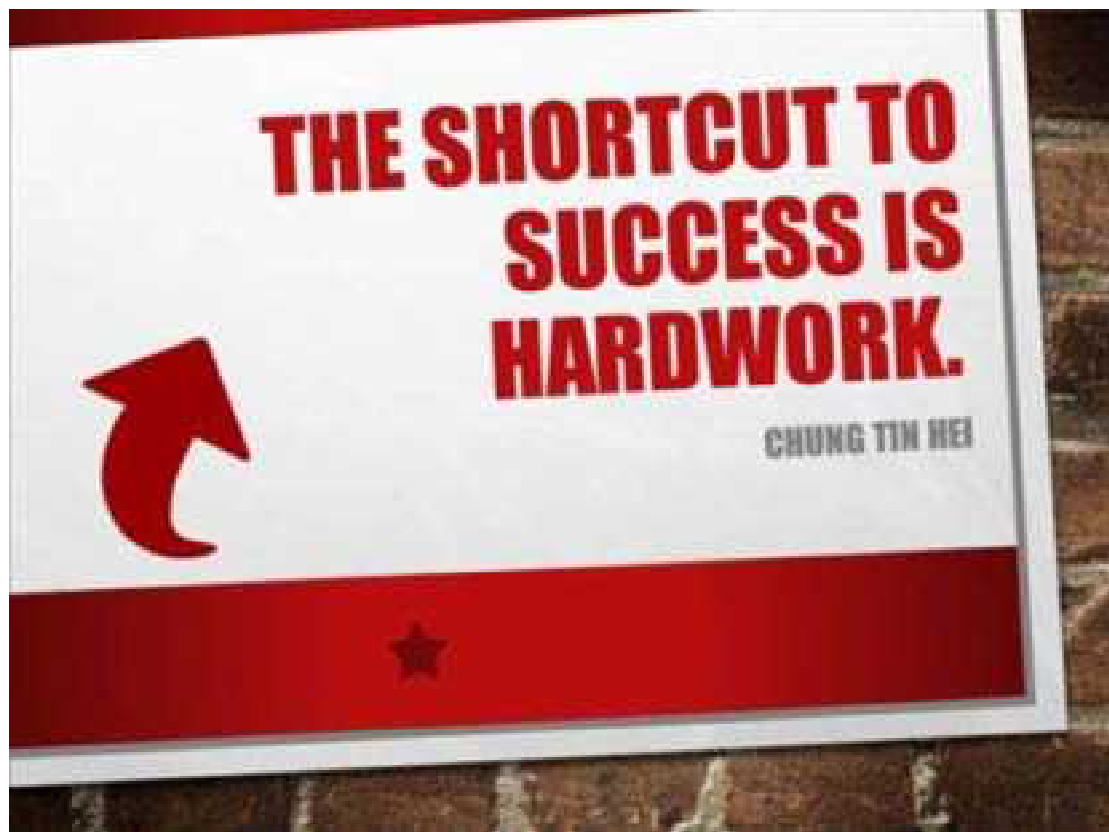
**Under such troubling social circumstances,
none of us could get rid of feeling
the butterflies in our stomach,
especially all of you who are
at the junction of confronting HKDSE
and opening a new page in your life.**

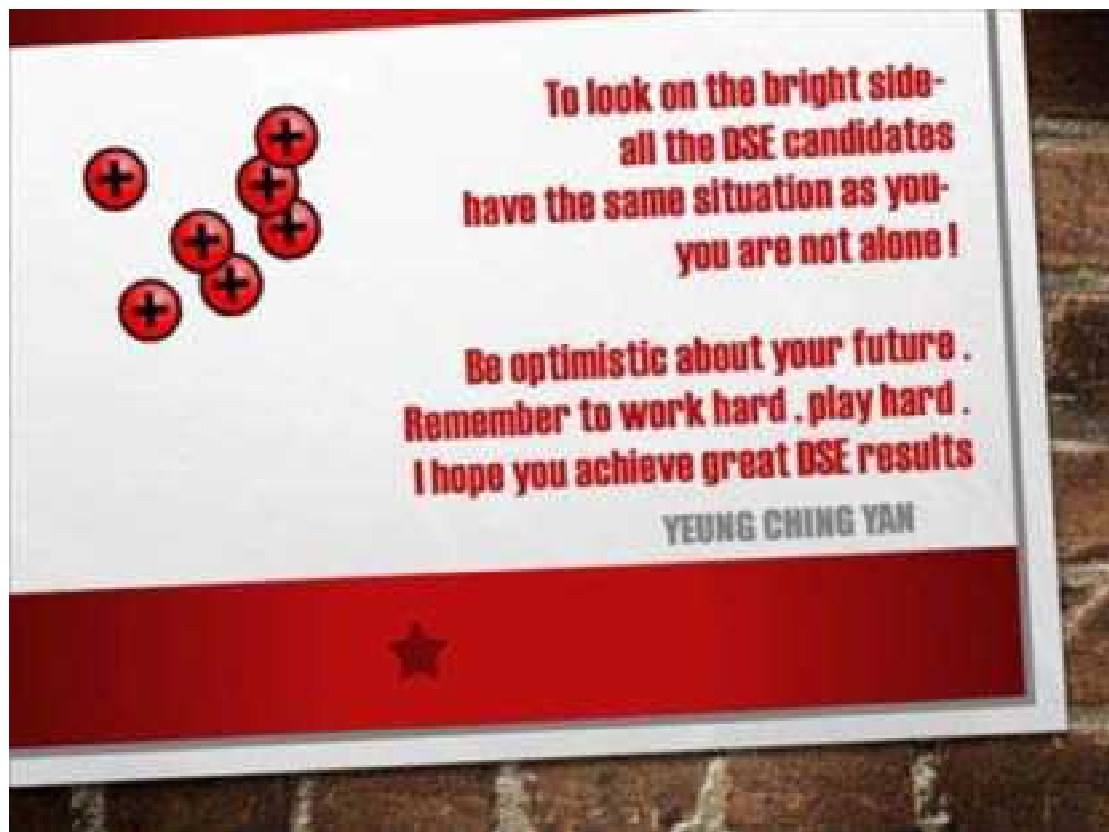
**The outlook might be hazy
and narrow now but like it or loathe it,
time waits for no man so
why don't we look on the bright side
and utilize the extra time to go the extra miles**

**"Life isn't about waiting for the storm to pass.
It's about learning how to dance in the rain."
—Vivian Greene**

LAN HO HIM







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